

## West Cornwall



West Cornwall is the remotest part of Cornwall but there are great beaches and wonderful seaside towns and villages to visit. The coastal scenery towards Lands End is very impressive and there is great walking on the entire coast line.

In the south east of the area is the popular surfing beach at Praa Sands and there is also a small beach at Rinsey Beach. Further west there is excellent walking around Prussia Cove and there are some small but picturesque beaches here at Keneggy Sand, Bessys Cove and Piskies Cove.

You can walk from Prussia Cove to Marazion. On the way is the sandy beach at Perranuthnoe. At Marazion there is a super beach and at low tide you can walk the causeway to St Michaels Mount.

The beach at Marazion stretches from Marazion to Long Rock all the way to the big seaside town of Penzance, which is well worth a visit. West of Penzance is the picturesque fishing village of Mousehole and further west Lamorna Cove.

Further west and getting closer to Land End is the super sandy beach at Porthcurno. Beyond Porthcurno there are smaller beaches at Porth Chapel, Porthgwarra and Nanjizal.

There is a great surfing beach at Sennen Cove and you can walk from Sennen Cove south to Lands End, which is a must visit. Just north of Sennen Cove is another surfing beach at Gwynver Beach.

There is a small beach at Cape Cornwall and further north a small cove at Portheras Cove.

In the north east of the region is fabulous St Ives Bay. St Ives itself is a wonderful seaside town to visit and there are great beaches here at Porthminster Beach and the surfers beach at Porthmeor Beach. Beyond St Ives are the beaches at Carbis Bay and Porth Kidney Sands and east of the River Hayle is the 3 mile sweep of Hayle Sands which culminates in Gwithian Towans and Godrevy. Gwithian Towans is one of the best surfing beaches in Cornwall.

West Cornwall is reached on the A30 which reaches all the way to Lands End. Some of the more remoter beaches can only be reached on the coast path

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