

## Kingsand & Cawsand



- Description: Facing east into Plymouth Sound, the pleasant villages of Kingsand and Cawsand are well worth a visit for some fine scenery and there are gift shops and cafe's. At Kingsand there is a sand and shingle beach separated into two by rocks. At Cawsand there is also a sand and shingle beach with rock pools to explore. South of Cawsand there is good walking around Rame Head via the coast path. To the north of Kingsand there is a small sandy beach called Sandway Cellar, which is accessible via a 10 minute walk along the rocky foreshore or via the coast path. Note there have been cliff falls recently at Sandway.
- Safety: No details available.
- Access: At Kingsand access to both south and north parts of the beach are via short a slope followed by 6 steps, not suitable for wheel chairs. At Cawsand there is a short slipway which is suitable for wheel chair and push chairs.
- Dogs: Dogs allowed all year at Kingsand Beach. Dogs are banned at Cawsand Beach from 1st July to 31st August (10am to 6pm).
- Directions: Kingsand and Cawsand are 24 miles (by road) from Plymouth. Take the A38 from Plymouth. At Trerulefoot turn left onto the A374. Two miles after Polbathic turn right on the B3247 to Crafhole. At Crafhole turn left (signposted to Cawsand) and follow the B3247 to Millbrook. Drive through Millbrook staying on the B3247. Shortly after Millbrook turn right (signposted to Kingsand and Cawsand) and follow this road down to Cawsand Bay.
- Postcode: PL10 1NA.
- Parking: Parking for 120 cars in the centre of Kingsand (no motorbikes) and an 85 space carpark at Cawsand.
- Toilets: Toilets in both Kingsand & Cawsand (note that in Kingsand the toilets for Gents and Ladies are in different locations, the Ladies toilets are in the Kingsand car park, the Gents are by the sea front). The Cawsand toilets are by the slipway.
- Facilities: Restaurants, cafe's, gift shops, B&B, Post Office.
- Activities: Sailing.