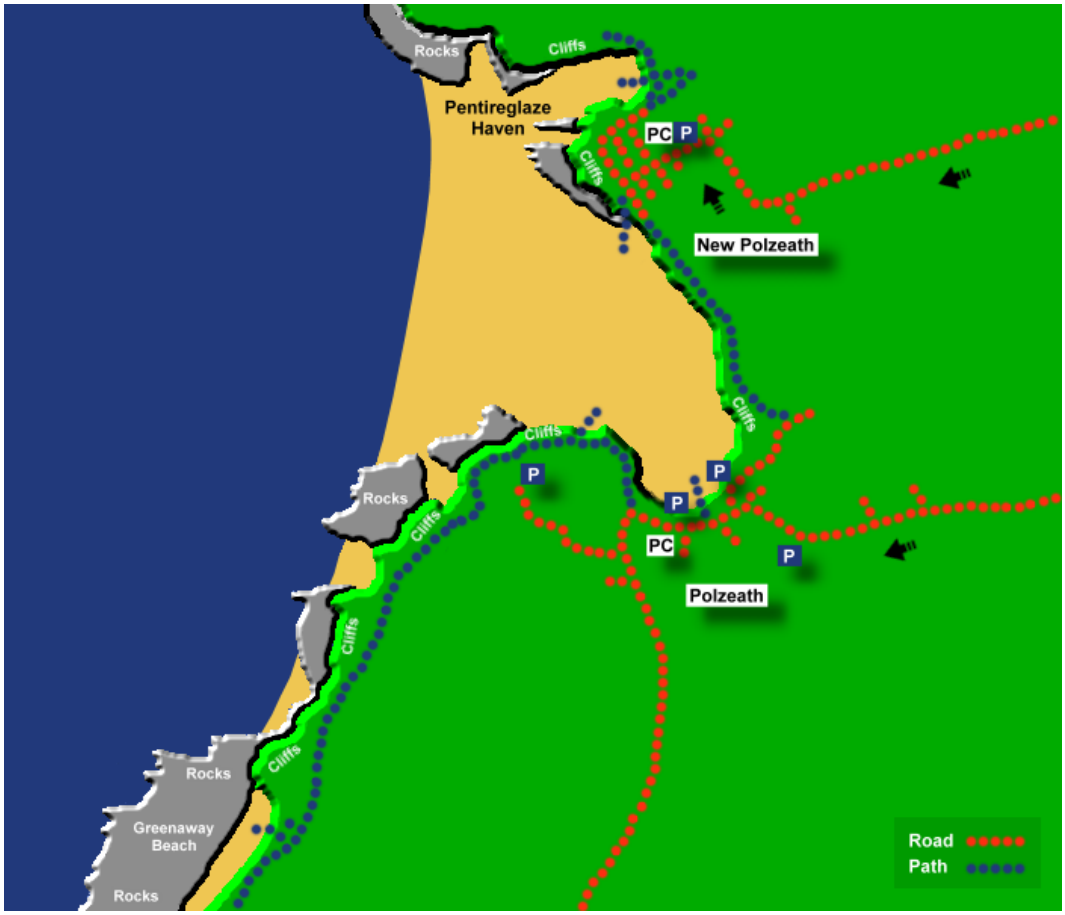
Polzeath Beach



- Description:Polzeath is a small seaside town in North Cornwall with a huge sandy beach, which is very popular in summer with families and is also an excellent surfing beach. The town above the north part of the beach is known as New Polzeath and there is a small cove here called Pentireglaze Haven. There is good walking on the coast path north to Pentire Point. Walking south on the coast path there is a small pebble beach called Greenaway Beach.
- Safety:Signs warn of strong undercurrents, large breaking waves and not to use inflatables. Lifeguards in summer.
- Access:There is level access to the beach by the Polzeath Beach car park. There are also steps down to the beach at various points. Pentireglaze Haven is accessible from the coast path or by walking along the beach at low tide.
- Dogs:Dogs are banned on Polzeath Beach from 15th May to 30th September (10am to 6pm). Dogs allowed all year at Greenaway Beach.
- Directions:Polzeath is approximately 7 miles from Wadebridge and 14 miles from Bodmin. Approach Wadebridge on the A389 (from Bodmin) or the A39. At the roundabout on the outskirts of Wadebridge, turn onto the B3314 (signposted to Polzeath). Then at a mini-roundabout turn right to continue on the B3314 (again signposted to Polzeath). Proceed on the B3314 until there is a right bend to Port Isaac. At this bend turn left (signposted to Polzeath) and continue on this road which forks to either Polzeath or New Polzeath.
- Post Code:PL27 6TB (beach car park).
- Parking:1 field car park on the approach to Polzeath, 1 large field car park above the cliffs, 1 small car park on Polzeath Beach and 1 small car park close to the beach. 1 car park at New Polzeath.
- Toilets:Yes, by Polzeath Beach and New Polzeath.
- Facilities:Shops, cafe's in Polzeath. Sand Chair hire for the disabled at Polzeath Beach, phone Wave Hunters Surf School on (01208) 880617.
- Activities:Surfing.