Northcott Mouth Road Path Path Proughill Proughill

- Description: Northcott Mouth is a large pebble and sand beach a few miles north of Bude on the north Cornwall coast. At low tide there is a large expanse of sand and plenty of rock pools. There are no toilets at Northcott Mouth
- Safety:There are rip currents at Northcott Mouth. Risk of getting cut off at high tide, risk of rock falls, Lifeguards in summer
- Access: From the Northcott Mouth car park, access to the beach is via the road, which takes a few minutes to walk. The road is downward sloping and too steep for wheel chairs
- Dogs:Dogs allowed all year at Northcott Mouth
- Directions:Northcott Mouth is approximately 17 miles from Camelford and 27 miles from Wadebridge. Take the A39 from Wadebridge or Camelford. After Bude drive through Stratton and just after Stratton turn left (signposted to Poughill). Follow this road to a cross roads and here turn left (again signposted to Poughill). Follow this road to Poughill and at Poughill turn right (signposted to Northcott Mouth) and follow this road to the Northcott Mouth car park. There are other routes to Northcott Mouth from Bude
- Parking:1 car park a few minutes walk from the beach at Northcott Mouth
- Toilets:No
- Facilities:None
- Activities:Surfing

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