

Par Sands



- Description: Par Sands is a wide sandy beach popular with families. There is a huge expanse of sand at low tide and there is still some sand left at high tide. Facilities are close to the beach.
- Safety: Signs warn of strong undercurrents, also do not swim in the river and do not use inflatables in the river.
- Access: From the car park there is a path by the river to the beach which is level. There are also paths through the dunes to access the beach.
- Dogs: Dogs allowed all year on Par Sands Beach.
- Directions: The village of Par is less than 1 mile from St Blazey and 4 miles from St Austell. Approach St Blazey from the east or west on the A390. In St Blazey at the junction by St Blaise Church, turn onto the A3082 and follow this road until a roundabout and here turn left (signposted to Par). Take the next left (signposted to Par and Fowey) under a railway bridge into Par. After the bridge there is a one way system in operation. Follow the A3082 left around Par. Then at the next junction turn right and follow the A3082 under a road bridge, then turn right (signposted to Par Beach) and follow this road to Par Sands. Alternatively, if approaching from the east on the A390, just after Lostwithiel turn onto the Fowey road the B3269. After several miles, turn left at a roundabout onto the A3082 and follow the road to Par Sands.
- Post Code: PL24 2AS.
- Parking: 1 large car park by Par Sands Beach. There are also small car parks and laybys along the road behind the beach.
- Toilets: Toilets behind the beach
- Facilities: Café along the road behind the beach, picnic area by the car park.
- Activities: None.

Cornwall Beach Guide