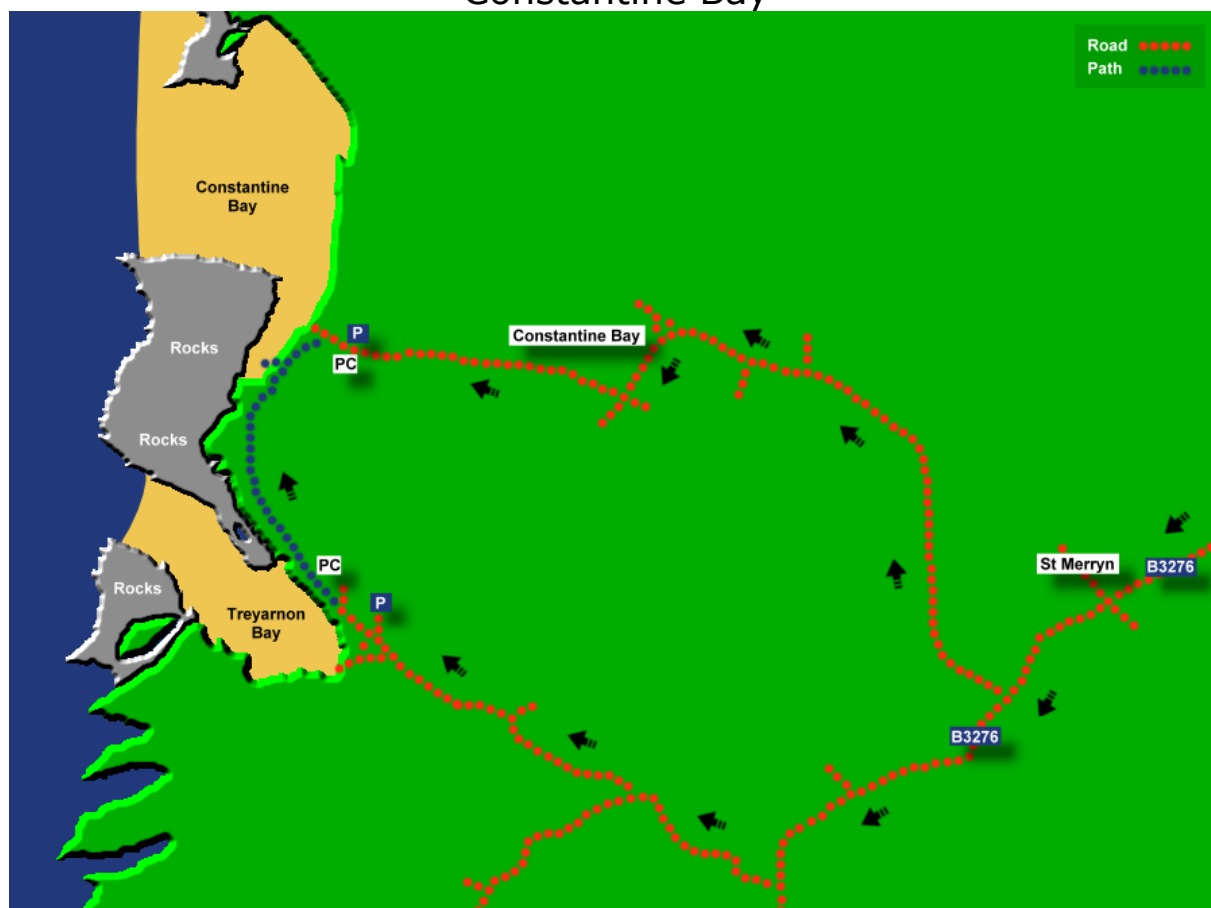


Constantine Bay



- **Description:**Constantine Bay Beach is a wide sandy beach with many rock pools and plenty of sand. The beach is popular with surfers. The car park at Constantine Bay is small but a field car park is open in summer. An alternative is to park at Trevarron Bay and walk the coast path to Constantine Bay Beach (only takes about 10 minutes)
- **Safety:**Signs warn of strong under currents, large breaking waves and not to swim on the left (south) part of beach. Also do not use inflatables. Lifeguards in summer at Constantine Bay
- **Access:**The car park is a short distance from the beach. There is a short sloping path to the beach at Constantine Bay which is suitable for wheel chairs
- **Dogs:**Dogs allowed all year on Constantine Bay Beach
- **Directions:**Constantine Bay is approximately 11 miles from Newquay. On the A30 near Indian Queens turn onto the A39 at the Highgate Hill roundabout. Proceed on the A39 north and continue on the A39 across the 1st roundabout. Continue on the A39 and at the 2nd roundabout (Trekenning roundabout) take the first left onto the A3059 (signposted for Newquay). After about 2 miles turn right, signposted to Watergate Bay and Mawgan Porth. Continue on this road until a junction and here turn right onto the B3276 (signposted to Padstow and Mawgan Porth). Follow the B3276 through Mawgan Porth and then through Porthcothan. After Porthcothan follow the B3276 for several miles and turn left where signposted to Constantine Bay. Follow this road into Constantine Bay village. Follow the road round a bend and then take the next right (past the shop). Follow this road to the Constantine Bay car park
- **Parking:**1 small car park at Constantine Bay. In summer, sometimes a field car park is open. There is a larger car park at Trevarron Bay
- **Toilets:**Yes, by the Constantine Bay Beach car park
- **Facilities:**Shop in Constantine Bay village
- **Activities:**Surfing