

## Porthleven Beach



- Description: Porthleven Sands is a long sand & shingle beach which stretches three miles from Porthleven south east to [Loe Bar](#) and [Gunwalloe Fishing Cove](#)
- Safety: Normally safe to swim along the beach by the sea wall at Porthleven but there can be a heavy shore break at times, which can be dangerous. There are lifeguards in summer at Porthleven, with a red flag system (which is said to be erratic). Note that the beach shelves steeply at Porthleven
- Access: At Porthleven car parks are some distance from the beach. By the pier, there is a short slope to the beach. There are also steep steps at Blue Buoy Steps
- Dogs: Dogs are banned at Porthleven from Easter Day to October 1 (9am to 7pm) from the clock tower to Blue Buoy steps. East of Blue Buoy steps, dogs are allowed all year
- Directions: Porthleven is 3 miles from Helston and 18 miles from Truro. Approach Helston on the A394 from the east or west. Alternatively drive to Redruth on the A30 and at Redruth take the B3297 to Helston. At Helston follow the A394 around the outskirts of the town and then turn left at a roundabout onto the B3304. On the B3304, approaching Porthleven, turn left (signposted "Beaches") and follow this road to a car park above the town. Alternatively continue on the B3304 into Porthleven and park at a small car park close to the harbour
- Postcode: TR13 9JY.
- Parking: 1 small car park in Porthleven and there is also a car park at Shrubberies Hill above the town
- Toilets: Yes, by the pier
- Facilities: Shops, café's, restaurants in Porthleven
- Activities: None

[www.cornwallbeachguide.co.uk](http://www.cornwallbeachguide.co.uk)