

## Loe Bar



- Description: Loe Bar is a large sand and shingle beach which is the middle part of Porthleven Sands and acts as a sand bank between the sea and The Loe freshwater lake. Loe Bar Beach is usually quiet due to limited parking and no facilities
- Safety: Signs warn that it is unsafe to swim due to strong currents and deep water
- Access: Sloping and uneven lane from the car park to the beach, takes about 5 minutes to walk
- Dogs: Dogs allowed all year at Loe Bar Beach. It is unsafe for dogs to enter the sea
- Directions: Loe Bar is approximately 5 miles from Helston. Approach Helston on the A394 from the east or west. Alternatively drive to Redruth on the A30 and at Redruth take the B3297 to Helston. At Helston follow the A3083 to Lizard. About 2 miles after Helston turn right to Gunwalloe (signposted to Gunwalloe). At Gunwalloe turn right (signposted to Loe Bar) and continue on this road until a left turn. Turn left and then continue on this lane past two farms until the Loe Bar car park. Park here and walk the remainder of the lane to Loe Bar Beach. Alternatively, park at Porthleven and walk the coast path south (about 1 mile to Loe Bar)
- Parking: 1 small car park at Loe Bar
- Toilets: No
- Facilities: None
- Activities: None

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